

TRURO TRAILS

JANUARY 1, 2015



TRURO HOMES ASSOCIATION CONTACTS

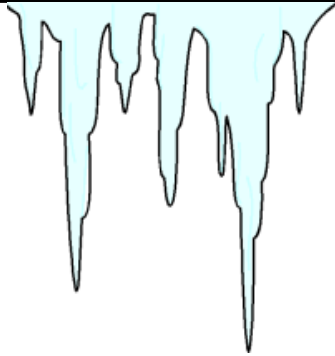
BOARD OF DIRECTORS		PHONE	EMAIL
President	Dave Watts	703-978-2989	president@trurohomes.org
Vice President	Hamp Oberle	703-978-2956	vicepresident@trurohomes.org
Secretary	Sue Chandler	703-426-1312	secretary@trurohomes.org
Director	Marion Yanick	703-503-1315	director.marion@trurohomes.org
Director	Lynn Daft	703-978-2538	director.lynn@trurohomes.org

COMMITTEES	NAME	PHONE	EMAIL	BOARD LIAISON
Architectural Control	Mary Johnson	703-978-2641	acc@trurohomes.org	Watts
ACC Tree Approval	Ralph Kennedy	703-978-1177	ACCTreeApproval@trurohomes.org	
Landscape	Anne Grey	703-323-1304	landscape@trurohomes.org	Yanick
Neighborhood Watch	Lynn Daft	703-978-2538	NW@trurohomes.org	Daft
Parkland	Dave Curtis	703-503-8454	parkland@trurohomes.org	Oberle
Pool	OPEN	703-503-1315	Pool@trurohomes.org	Yanick
Publicity	Jim & Kim Deal	703-425-1956	publicity@trurohomes.org	Chandler
Social	Anne McKenzie	703-978-2121	social@trurohomes.org	Chandler
Tennis	OPEN		tennis@trurohomes.org	Oberle
Traffic Task Force	Roy Whitehurst	703-978-7165	traffic@trurohomes.org	Daft
Web Site	Sarah Ayling	703-842-1108	website@trurohomes.org	Chandler

OTHER GROUPS	NAME	PHONE	EMAIL	BOARD LIAISON
Clubhouse Reserv/Rental	Sarah Ayling Marcia Boehman	703-842-1108	clubhouse@trurohomes.org	
Contractor List	Alison Wright	703-425-3787	contractorlist@trurohomes.org	
Cub Scout Pack 1864	Jocelyn Cohen	703-978-5257	cubscouts@trurohomes.org	
Dive Team	Erin Monette Tamara Johnston	703-503-2867 793-347-3552	dive@trurohomes.org	Yanick
Pool Memb/Sales/Leases	Patty Vinall	703-764-8011	recordkeeper@trurohomes.org	
Recycling	Zoraida Verkaik Leah Dela Cruz	703-425-5086 703-426-0891		
Swim Team	Claire Kratch Kurt Kratch	703-914-9014	swim@trurohomes.org	Yanick
Tennis Team	Shelly Gebler	703-503-5309	tennis@trurohomes.org	
Treasurer	Scott Choate	703-727-5034	treasurer@trurohomes.org	
Truro Trails	Michelle Lucas	703-503-7952	trurotrails@trurohomes.org	

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January Events/Meetings

ACC Committee:	Tue, Jan 6, 8:00pm
THA Board:	Wed, Jan 7, 6:30pm
Toddler Playdate:	Sun, Jan 11, 10-12noon
Truro BOOK Talk:	Wed, Jan 21, 7:30pm
Social Committee:	TBD
Chili Cook-Off:	Sat, Feb 7, 7:00pm

Meetings are held at the Clubhouse unless noted.

Truro Web Site

www.trurohomes.org

username: truro

password: community

Facebook

facebook.com/TruroCommunity

THA Board Meeting December 10, 2014

By Sue Chandler, THA Secretary



Call to order at 6:30pm. Members present: Dave Watts, Hamp Oberle, Sue Chandler. Also present: Dave Curtis (Parkland); Chuck Roper (Treasurer) and Scott Choate.

1. Open forum for comments and questions from THA and TCC members: no comments or questions put forward.
2. The board approved the minutes of the November board meeting as published in the December *Truro Trails*.
3. Treasurer's Report: Chuck Roper reported that as of 12/8/14, total assets equaled \$336,780. Chuck predicted that we will end the year close to the budget projections presented at the General Membership meeting.

OLD/UNFINISHED BUSINESS

1. Stream bed restoration: Dave Curtis reported that the Stream team received and reviewed the final design plan and met with the county and the design contractor on December 2 to discuss it. They generated a list of comments and questions for the design contractor/county to address. The stream team plans to hold an informational meeting for the community sometime in early part of 2015.
2. Pool: We have been advised that our furnace needs to be replaced, and we need to get the air ducts cleaned and will be getting bids for this.

NEW BUSINESS

1. The board elected officers, with no changes from last year.
President: Dave Watts
Vice president: Hamp Oberle
Secretary: Sue Chandler
Directors: Lynn Daft and Marion Yanick
2. **Scott Choate**, who will be our new treasurer starting in January, attended his first meeting with the board. The board discussed how to handle the upcoming transition period.
3. The board is requesting nominations for this year's Lifetime Achievement Award.

4. **January board meeting: Wednesday, January 7, at 6:30pm.**

Meeting adjourned at 7:15pm.

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Committees

Social Committee Fun in 2015!

By Anne McKenzie, Social Committee
social@trurohomes.org

As we welcome a new year, we invite THA and TCC members--especially our newest members--to join us for our 2015 activities!

YOGA will continue to be offered in the Truro clubhouse on Monday and Thursday evenings, please contact social committee member Karen Wallace at kandray@verizon.net for details to include registration information.

On **Sunday, January 11**, from **10:00am to 12:00 noon** in the Truro clubhouse, we invite moms and/or dads and babies/toddlers (up to five years old) to a **Truro Winter Toddler Playdate**. We will provide the snacks; you bring your own blanket and easily-sharable toys. RSVP information may be found on the enclosed flyer. Again, thank you to social committee member Margaret Jacobs for working to bring our young families together!

We extend a sincere thank you to Melanie Barlow who spoke about Semester at Sea at our **December 17 Truro Talk**. Melanie delighted the audience with her entertaining and informative presentation.

On **Wednesday, January 21 from 7:30-8:30pm**, we will host a **Truro Book Talk** featuring Mary Bryan Stafford, Author of *A Wasp in the Fig Tree*. Prior to the talk, books may be purchased from the author's daughter Elizabeth, a Truro resident, at ercrowder@yahoo.com or from www.Amazon.com. Please refer to the flyer in this Truro Trails for detailed information.

On **Saturday, February 7, 2015**, we will hold our **2nd Annual Chili Cook-Off/Adult Social**. **RSVP according to the flyer included with this Trails; this event is NOT limited to only those making chili.** Also, this time, we would like to add a

microbrew tasting. If you are a microbrewer and would like to showcase your beer, please contact social committee member Janet Hensley at hensleyjanet@gmail.com so that she can take count and provide more details.

Next social committee meeting: TBD

If you would like to join our social committee or just assist on a specific event, please contact Anne McKenzie at anne.m.mckenzie@gmail.com

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Lifetime Achievement Award Nominations Being Accepted

Each year Truro honors one of our volunteers to receive our Lifetime Achievement Award. The board is now accepting nominations for this year's award. **If you would like to nominate someone, please submit the name to any board member by March 1.**





Architectural
Control
Committee

By Mary Johnson, ACC Chairman

The Architectural Control Committee members, Maggie Stehman, Eric Souder, Mary Johnson, Donnie Morphy, and Dave Watts met November 11 and approved the installation of new windows on Elizabeth Lane, approved a new door on Burbank Road, and approved the change of front door and shutters color on Ordinary Way.

Trees were approved the removal at residences on Elizabeth Lane and Pappas Way. Contact us at ACCtreeApproval@trurohomes.org for quick removal approval.

The Truro Architectural Control Committee (ACC) is proposing a **revision to the Truro Planning Guidelines** to the Board of Directors. The proposed revision adds a requirement that the minimum front, side and rear yards (setbacks, as required by the Fairfax County Zoning Ordinance, be included in any application for external changes to a home that would alter the exterior dimensions of the home. Changes that alter the exterior dimension include the **addition of decks, rooms, storage areas and carport enclosures.**

For formal requests, please use the form, **External Changes to a Residence which** may be found in your copy of the ACC Guidelines, or online at www.trurohomes.org under "Official Documents." Place requests in the Community mailbox by the Friday before our second Tuesday meeting each month.

We also wish to provide knowledge and guidance to members of the community on an informal basis. To assure a place on the agenda we ask that you inform us of you intent to attend the meeting by Monday afternoon.

If we do not have any timely formal requests or requests for informal information, we shall cancel the meeting by Monday evening. Questions? acc@trurohomes.org

PLAN AHEAD

The ACC will be meeting the 1st Tuesday of January (January 6) instead of the 2nd Tuesday to enable us to evaluate responses to our Guidelines revision for the Board of Directors meeting on January 7th. Please have written applications to us by January 2nd.

Make sure formal requests are in the Center mailbox by Friday, January 2 so that we may have time to review them for completeness

Truro is ageing (we will be celebrating our 50th Birthday in a few years) and our need to preserve this amazing community is more important than ever. We have 377 homes in Truro and approximately 275 of them are Mid-Century Modern in style. This is unusual in an area steeped in the colonial tradition. Consequently many people are not conversant in the style. Is it worth keeping? We believe so.

We find that windows, doors, change of living style (more cars, more junk) have brought new questions to our meetings. Our goal remains the same - Preserving our Heritage!

Accommodating these changes has become more difficult than ever. Annandale just doesn't have "blue-light specials" on mid-century front doors! And who knows what works? After all, the houses all came with flush doors. It also offers a multitude of design options for garage doors! These tempting offers are not necessarily the best options. The "rising sun" windows on some paneled garage doors are not something we would see at Monticello or Montpelier let alone our traditional houses. Our founders would also be appalled with the "pseudo Victorian front doors" on our Traditional homes.

The Committee has had to pass judgment on design issues that may seem to be trivial. Why are we picky about vinyl windows that are allowed in the traditional area of Truro but not necessarily in the Mid-century Modern areas of the community? Vinyl windows are cheap, efficient, and readily available, but many decrease the glass area and this is one element that makes Truro's Mid-Century homes beloved.

You saw an iconic proto-type of this Modern style several months ago in this column, the Barcelona Pavilion. It didn't even have windows! Inside flowed to outside! Walls were planes of stone, beautiful in themselves with no embellishment. The genius of Mies van der Rohr also gave birth to the "Barcelona chair."

Our homes came with windows that had frames of less than 1" in width. We aren't against progress. We just want to guide you to the best options available at this time, since we need windows to filter the elements, pollutants, and critters.

Understanding Mid-Century Modern is our job. Just Google on Mid-Century Modern and look at the pictures. You will see everything from Frank Lloyd Wright's "Falling Water" to Phillip Johnson's "Glass House." Inside meets outside. An interesting article follows.

1. Modestly nestling the home into the site rather than building “on top of” the ground feels better.

2. Keep it simple. It’s a consistent rule of thumb in MCM design. Roof planes tend to be simple shed roofs which offer plenty of daylight and view at the high side; the low profile on the opposite side maintains the privacy and low horizontal proportions. They’re straight-forward to frame, handsome visually, and cost-effective.

3. Good design creates a progression between privacy and transparency. Often, upon approaching a MCM home, the entryway is solid and private. Once you enter the home the interior becomes increasingly transparent, until you reach a common area like the living room where the interiors open up to the view and landscaping. This sequence of experiences accomplishes several things; it maintains the privacy of the home toward the street, it creates a pleasurable experience moving through the spaces, and it rewards the viewer with a delightful view at the end (be it of a mountain, a forest or simply a well manicured back yard).

4. Connecting the inside to the outside creates harmony with the site. One of the subtlest, albeit most pleasing, design moves in MCM design is the intentional move to extend the material of a wall from inside to outside (or vice versa). This could be an exterior brick wall that extends into an entry area or an interior cedar wall that continues out to frame a courtyard.

5. Old school passive design is highly sustainable. There are a lot of terms being thrown around these days; sustainability, passive house design, and the overly abused “green-design”. Whether these terms actually benefit the home or environment depends on the situation, but the classic examples of passive design are so sensible that they should be incorporated into every house (and without throwing around a bunch of marketing terms). One of the best examples of this occurs at the roof: well designed eaves are calibrated to keep the interiors shaded during the summer months but allow direct sunlight into the home during the chilly winters. Smart, cost-effective and sensible.

6. Small, efficient bedrooms are perfectly pleasant. Bedrooms don’t need to incorporate lounge areas and recreational space; that’s what lounges and

rec-rooms are for. Often with the smaller bedrooms we see in MCM homes, the ergonomics are more deliberate and the view out the window is more appreciated. Smaller bedrooms also cause the family to spend more time together rather than secluding everyone in their own bedrooms all day playing X-Box.

7. Outdoor rooms are just as important as indoor rooms. In a temperate climate, like the Pacific Northwest, you can spend a great deal of time outside. Extending the home’s roof out further is a cost-effective way to keep the rain off your outdoor dinner party in addition to defining the space. With a few intentional design moves, a sense of place is created and the outdoor room quickly becomes one of the most treasured areas of a home.

8. Screen walls offer privacy without cordoning off the interiors. Well designed houses are typically open and spacious (regardless of square footage); one of the best ways to maintain privacy, without jeopardizing the quality of the spaces inside, is by using architectural elements that don’t touch the ceiling. These could be screens, cabinets or panels that frame views and conceal other areas. Etch-matte glass panels make for great screens because they let light in; when backlit they also tend to glow. When depth allows, cabinets provide screening and additional storage. Simple panels also allow for new materials and textures to compliment the home. The same applies at the exterior; a strategically placed privacy screen can eliminate the temptation to encircle the entire yard with a 6 foot high fence, bleck!

9. Let nature do the work. MCM design is very clever about using the inherent characteristics of materials as finishes within the home. The MCM design philosophy is all about authenticity and once you put on your authenticity thinking cap, materials like CMU blocks, plywood, and car decking look beautiful; they look exactly like what they’re doing. There are a couple of additional benefits here; it limits the “decoration” of a project and simplifies the decision making process, most of the materials also warm up the interiors, and lastly, it’s typically more cost-effective to leave materials just the way they are.

10. Quality of light is more important than the light fixture. Nothing bothers us more than lights that are over designed. While it’s appropriate to have a

couple of special, well-designed lights within the home (often above the dining room table or at the kitchen island) for the most part we want the light without having to see the light fixture. MCM design is brilliant in this regard; lights are often tucked into soffits and softly wash light over a wall, or they're hidden on top of a bank of cabinets to highlight an exposed wood ceiling.

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This-N-That

Running and Holidays

By Jae Kim, Truro Community
Running Champion



It has been a tough month to stay motivated to run outdoors. Thanks to some of the runners coming out on weekends, we have been able to maintain some level of running. Folks like Ray Wallace, Sean Mitchell, Sarah Girard and others have come out on some of the runs but most noteworthy have been some our kids have been joining the Sunday 5K's. Ray's 4th grade son and my two 3rd grade boys have joined the past two Sunday's 5K's. Since all three of them were in the WFES running club and ran the Round Robinson 5K in November, they seemed to be comfortable to join a Sunday 8 a.m. 5K run.

Like many other families with young kids, my house is busy bussing the kids around to their sports activities on a non-stop basis. Although it seems crazy what the kids schedule is like but keeping them physically active will likely provide a great long term benefit as they learn to keep active and stay fit.

Despite three bags of candies and other sugar goodies from Halloween, they remain mostly uneaten and getting closer to a time to toss. Dental check-ups proved effective in confirming that too much candy/sugar is not good for them and helpful in defending parents' position to not over-indulge with deserts at all the Holiday opportunities to have candies, chocolates and other heavily sugar laden delights.

Cold weather, lots of time and events with sweets is tough combination to battle during these months. This is a time to exercise discipline more than other months to exercise and eat right. As someone wise once said, "everything in moderation" comes to mind.

If you are planning to run some races in the spring, this

is a perfect time to get going with a more regular regiment of running 3 to 5 days a week. Get with me to arrange some group runs during the week in addition to already established weekend runs.


Everything in moderation and exercise self control one weekend at a time for the remaining Holidays and in 2015 - and on to a Happy and Healthy 2015 - set some exercise goals and try sticking to them, one week at a time.

Happy Holidays and Happy New Year to the Truro
Community!

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Classified

FOR SALE

- **NINTENDO DSi XL:** Midnight Blue DSi XL, includes Golden Eye 007 game. \$75. Contact Michelle mwsmile20@yahoo.com or 703-503-7952. 
- **PINK TOY STROLLER:** Great holiday gift! Toddler-sized pink umbrella stroller. \$5.00. Contact Michelle mwsmile20@yahoo.com or 703-503-7952.
- **DORA TALKING DOLL HOUSE, HORSE TRUCK, TALKING KITCHEN AND MORE!** Dora Talking Dollhouse, cars, horse truck, Dora Kitchen with dishes/food; Dora music CD, Dora cars and more. All are in great condition! Contact Michelle to view items/ make offer. mwsmile20@yahoo.com or 703-503-7952.
- **CHILD'S IRONING BOARD:** Blue toy ironing board with iron, hangers and basket. \$5. Contact Michelle mwsmile20@yahoo.com or 703-503-7952.
- **FOREVER STAMPS:** Now cost 49 cents at the Post Office. For sale at 47 cents each. Call Bill Ulman at 703-323-6496.

AT YOUR SERVICE

- **PIANO LESSONS:** Take lessons in my home, a Truro resident with 30+ years teaching experience. All levels of music and beginners are welcome. For more info, call 703-978-2408 or e-mail me at catstak@gmail.com.
- **BABYSITTER:** My name is Larissa Anderson and I would like to babysit for you. I am 13 years old and will be in the 8th Grade at Frost Middle School. I am available in the afternoons or evenings. Please call at (703) 503-0398 or email at randalanderson3@hotmail.com.
- **MATH TUTOR:** Experienced mathematics tutor available. This Truro resident has 36 years of high school teaching experience at all levels of mathematics through calculus. Reasonable rates. Telephone 703.272.7989.
- **HOUSE CLEANING:** Experienced, honest, reliable Truro resident. References available. Call Giovanna for free estimate 571-236-0855.

organize and de-clutter your personal space in your home. Have extensive experience and offer affordable rates. Truro resident. Please call 703-978-4655.

- **RACQUET STRINGING / RE-GRIPPING / BUMPER REPLACEMENT:** Are your strings dead or fraying? Is your bumper scraped off from all that banging and scraping against the ground? Take care of your tennis and racquetball racquets right here in Truro. Call Michelle Lucas at 703-503-7952, or mwsmile20@yahoo.com.



TRURO Social Committee invites you to a: Toddler Playdate Sunday, January 11, 2015 10:00 am – 12:00 noon

Truro babies and toddlers (five and younger) are invited to bring their moms and/or dads to a PLAYDATE in the Truro Clubhouse. This is a great opportunity for families to meet and socialize.

BYOB=Bring your own blanket and easily-sharable, age appropriate toys. We'll provide the snacks and water.

At least one parent must accompany their child.

RSVP by January 9
to Margaret Jacobs at mjacobs26@gmail.com
with your name and the number attending.

Truro Social Committee invites you to a

BOOK TALK

on Wednesday, January 21, 2015, 7:30-8:30pm

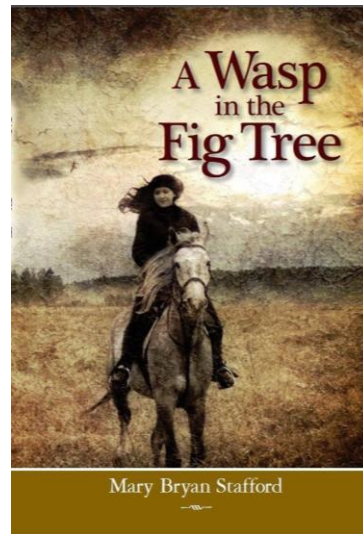
featuring

Mary Bryan Stafford

Author of

A Wasp in the Fig Tree

In Texas, it's politics as usual, but to Isabel Martin, it threatens her very being. She escapes to her uncle's idyllic Ranch of the Fig Trees in South Texas, expecting a luxurious haven after her parents' divorce. But there is an insidious little rumor about the family that the whole county is talking about—how Lyndon Johnson won the senate election that launched him into power. Isabel struggles to believe her uncle is innocent of voter fraud, but how can she know what to believe when rumor lays a heavy film of guilt over the family she loves?



A Wasp in the Fig Tree has been compared to *To Kill a Mockingbird* and *The Secret Life of Bees*. It is a coming of age story, but so much more. So if you love politics, Southern literature or good writing, come sit a spell at the January Truro Talks. Sweet Tea and Fig Preserves will be served.

About the Author: Mary is published in *The Noble Generation III*, the anthology *Women Write about the Southwest* which won the Willa Award, and many times in the Texas Poetry Calendar. A quarterfinalist in Amazon's Breakthrough Novel Contest, her fiction is recognized as a first place winner multiple times in writing contests throughout the country. She is a regular contributor to *County Life* and *Faces and Places* magazines.

Books are available for purchase prior to the talk from the author's daughter (a Truro resident) Elizabeth at ercrowder@yahoo.com, or from www.Amazon.com.

Questions? social@trurohomes.org or call 703-978-2121



**CHILI
COOK-OFF**

*THA/TCC:
CHILI COOK-OFF
Saturday, February 7
7:00pm; voting @ 7:45
Truro Clubhouse*

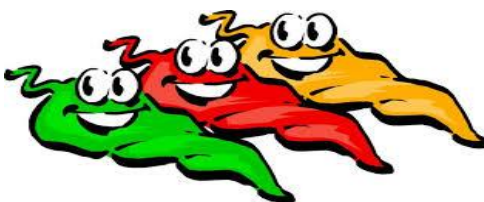
Adults only

The Truro Social Committee will provide the paper products, non-alcoholic beverages, corn bread, cheese, sour cream, onions.

ENTRANCE FEE: Either chili for the competition or craft beer/microbrew (or wine) to share. We would like to showcase some neighborhood microbrewers.

PRIZES: For 1st, 2nd and 3rd!

QUESTIONS? Call Janet Hensley 793/798-0192



RSVP by February 3 with the following information:
via email hensleyjanet@gmail.com or by phone 793/798-0192

Name: _____

Phone #: _____ or Email: _____

Number of Attendees: _____

Please indicate **WHAT YOU WILL BRING:** Chili--or--Beer--or--Wine
For brewers: Give name of homebrew and describe characteristics.