

Truro Trails

September 1, 2015



**Schools open Tuesday, September 8th.
Please drive carefully everywhere, especially in our
neighborhood.**

(See new school hours, p. 4)



TRURO HOMES ASSOCIATION CONTACTS

BOARD OF DIRECTORS		PHONE	EMAIL
President	Dave Watts	703-978-2989	president@trurohomes.org
Vice President	Hamp Oberle	703-978-2956	vicepresident@trurohomes.org
Secretary	Sue Chandler	703-426-1312	secretary@trurohomes.org
Director	Marion Yanick	703-503-1315	director.marion@trurohomes.org
Director	Lynn Daft	703-978-2538	director.lynn@trurohomes.org

COMMITTEES	NAME	PHONE	EMAIL	BOARD LIAISON
ACC	Maggie Stehman	703-250-7767	acc@trurohomes.org	Oberle
ACC Tree Approval	Ralph Kennedy	703-978-1177	ACCTreeApproval@trurohomes.org	Yanick
Landscape	Ann Grey	703-323-1304	landscape@trurohomes.org	Daft
Neighborhood Watch	Lynn Daft	703-978-2538	NW@trurohomes.org	Oberle
Parkland	Dave Curtis	703-503-8454	parkland@trurohomes.org	Yanick
Pool	Kevin & Amy Brandt	703-531-9144	Pool@trurohomes.org	Chandler
Publicity	Jim & Kim Deal	703-425-1956	publicity@trurohomes.org	Chandler
Social	Anne McKenzie	703-978-2121	social@trurohomes.org	Oberle
Tennis	Dan Levitan	703-401-7090	tennis@trurohomes.org	Daft
Traffic Task Force	Roy Whitehurst	703-978-7165	traffic@trurohomes.org	Chandler
Web Site	Sarah Ayling	703-842-1108	website@trurohomes.org	

OTHER GROUPS	NAME	PHONE	EMAIL	BOARD LIAISON
Clubhouse Reserv/Rental	Sarah Ayling Marcia Boehman	703-842-1108	clubhouse@trurohomes.org	
Contractor List	Alison Wright	703-425-3787	contractorlist@trurohomes.org	
Cub Scout Pack 1864	Jocelyn Cohen	703-978-5257	cubscouts@trurohomes.org	
Dive Team	Erin Monette Nancy Mangan	703-503-2867 703-426-9081	dive@trurohomes.org	Yanick
Pool Memb/Sales/Leases	Patty Vinall	703-764-8011	recordkeeper@trurohomes.org	
Recycling	Zoraida Verkaik Leah Dela Cruz	703-425-5086 703-426-0891		
Swim Team	Claire Kratch Kurt Kratch	703-914-9014	swim@trurohomes.org	Yanick
Tennis Team	Shelly Gebler	703-503-5309	tennis@trurohomes.org	
Treasurer	Scott Choate	703-727-5034	treasurer@trurohomes.org	
Truro Trails	Michelle Lucas	703-503-7952	trurotrails@trurohomes.org	

Inside this Issue...

- 2 THA List of Names
- 3 THA Board Meeting, 8/5/15
- 4 Committees: New Social Events this Fall; New School Start Times/Hours
- 5 Post-Pool Happy Hour; ACC News
- 6 Protect Your Tree Investment; Junior Tennis Schedule-Fall
- 7 This-N-That: Turnpike Basketball Registration; Classifieds
- 8 Flyer: Wine Tasting Tour – 10/17
- 9 Flyer: Fall/Winter Yoga – 9/14...



September Events/Meetings

THA Board:	Wed, Sept 2, 6:30pm
ACC Committee:	Tue, Sept 8, 8:00pm
Post-Pool Wine Down:	Sun, Sept 13, 5-7pm
Yoga - weekly:	Mon, Sept 14, 7pm
Wine Tour RSVP due (p.4,8):	Sat, Sept 26
Social Committee:	TBD

Meetings are held at the Clubhouse unless noted.

Truro Web Site

www.trurohomes.org

username: truro

password: community

Facebook

facebook.com/TruroCommunity



THA Board Meeting August 5, 2015

By Sue Chandler, THA Secretary



Call to order at 6:30pm. Members present: Dave Watts, Lynn Daft, Sue Chandler, and Marion Yanick. Also present: Patty Vinall (Record Keeper), Kevin Brandt (pool) and Stan Briczinski.

1. Open forum for comments and questions from THA and TCC members. No other members present.
2. The board approved the minutes of the July board meeting as published in the August *Truro Trails*.
3. Treasurer's Report: Dave Watts reported that the audit has been completed as is posted on the web site.
4. Membership: As of 5/5/15, 372 of 377 THA owners have paid their dues. There are 398 active, paid TCC memberships (including bondholders and leases).

OLD/UNFINISHED BUSINESS

1. Stream Valley restoration: There will be a community meeting to provide updates on the project on August 26 at 6:30pm.

NEW BUSINESS

1. Facebook: THA member Stan Briczinski discussed a proposal to make the Facebook portion of the web page more interactive for members. He reviewed the proposed rules for its use (no profanity, no derogatory/negative remarks about people in the community, etc.), the process for transitioning to this format, and the management of the site. Stan, Lisa Shelhorse, and Kristen Ratzel have volunteered to monitor the site and remove posts that don't comply. The board would like to go forward with the new changes; Dave Watts will run it by our lawyer before final approval.
2. Pool: Kevin Brandt reported on bids he received for work that needs to be done at the clubhouse. Due to water under the laminate flooring, the floor in the lower level needs to be replaced. The board approved a contract with NV Pools for \$23,000 to install Sundeck classic Texture Floor system on floors in lower level of club house (guard office, lobby, hallway, and bathrooms) and on shower stall floors and walls and also to replace existing toilets with commercial grade toilets. The board also approved a contract with NV pools for \$17,865 to replace the

concrete deck at the baby pool and \$5,005 to replace pool wall skimmers. The storm windows on the roof also need to be replaced; Kevin will get bids for that job.

3. **ACC:** The board approved the nomination of Emily Wright to join the Architectural Control committee.
4. September board meeting: Wednesday, September 2 at 6:30pm.

Meeting adjourned at 7:40pm.



Committees

Fall Social Events – Old & New!

By Anne McKenzie, Social Committee
social@trurohomes.org

Thank you to social committee member Angel Young for organizing our *Truro Movie Night* in celebration of *National Night Out*. Because of inclement weather, the movie was moved indoors; we were pleased to see adults, teens and children in attendance. Further, we greatly appreciated the assistance of the Kim family for making fresh popcorn, Nancy Mangan for helping with the sound system, Suz Redfearn for instructing us on popcorn operations and the Workmans for their willingness to set up outdoor equipment, if needed! [Sadly, we will be saying goodbye to Angel and her family as they will be moving soon to South Carolina.]



Truro Wine Tour: On Saturday, October 17, Truro Social Committee introduces our first *Truro Wine Tour*! Join your neighbors and friends—adults only—for a

wine tour and leave the driving to us! The \$50/person price includes shuttle bus transportation to and from the Truro Clubhouse along with your tasting fees at two wineries. Pack a picnic or purchase food directly from the wineries. Our itinerary includes an app. 1 ½ hour visit to Pearmund Cellars in Broad Run, VA voted best winery in Virginia for the second year in a row. This will be followed by a tasting and an ap. 1 ½ hour stop at Barrel Oak Winery in Delaplane, VA, winner of over 150 medals and awards for their wine. The shuttle bus departs the Truro Clubhouse at 10am and is expected to return around 3pm. Any questions, please contact Alicia Lefkowitz at 4alicia@verizon.net or 703-

[430-3058](tel:430-3058). Attendance is limited to 30, so please reserve early! RSVP & payment instructions are included on the flyer in this issue of the *Truro Trails*. If payment is received after the attendance limit has been reached, your monies will be returned. The trip is subject to cancellation if we cannot reach our targeted count. Please join us for a great time!

Save-the-Date: We will again organize our ever-popular *Children's Halloween Party and Parade* on Saturday, October 24 with a rain date of 10/25. The Children's Halloween Party takes great effort in planning and execution; we welcome the assistance of junior and adult volunteers. If you can lend a hand for this event, please email anne.m.mckenzie@gmail.com.



Among events that we are looking to organize – *an art class*, a *football viewing party* and a *children's winter party*. Information on these and/or other confirmed activities will be highlighted in future *Truro Trails*.

As always, if you would like to join our social committee or just assist on a specific event, please contact Anne McKenzie at 703/978-2121 or social@trurohomes.org.

Next social committee meeting: TBD



New School Start Times/Hours

Wakefield Forest ES:	8:30am – 3:15pm
Frost Middle School:	7:30am – 2:15pm
WT Woodson HS:	8:10am – 2:55pm
Thomas Jefferson HS:	8:40am – 4:00pm





Post-Pool Happy Hour

Sunday 9/13, 5-7pm

By Amy & Kevin Brandt, Pool Committee

Here we are, it's September. The kids are on their way back to school and the pool will be closing on Labor Day. It's been a great summer, and we hope the families of Truro enjoyed their time, whether a lazy Sunday at the pool or a fun-filled Friday Night Food Truck event.

It takes many volunteers to pull off a successful pool season, and we are grateful to all who contributed to this year's summer at Truro.

Special thanks to our NVSL swim and dive representatives, **Kurt & Claire Kratch** and **Erin Monet**, as well as the tribe of volunteers who work with them to support these programs at the pool. Many thanks to **Lisa Shelhorse** for her continued support of the snack bar and to **Danny & Melissa Narragon** for organizing several successful Friday Night Food Truck events. Thanks to the **Social Committee** for planning the annual summer Adult Party and National Night Out event, and as always, countless thanks to the **Truro Board**, who do so many things (much of it "behind the scenes") to make sure we all can enjoy the pool all summer long.

Did you enjoy your summer at Truro? Is there something we can do next year to make it even better? We'd like to hear from you. Please join us at the clubhouse on **Sunday, September 13th** from **5-7pm** for a summer season wrap-up and social happy hour. Feel free to bring your own beverage and/or light snacks to share. Amy and Kevin Brandt will be on hand to listen to your thoughts and ideas and can also share some information about projects that will be taking place at the clubhouse and pool during the off-season to prepare for next summer.

No RSVP required, we hope to see you there!



Architectural
Control
Committee

By Maggie Stehman, Chairman

The ACC met Tuesday, August 11 and approved applications for improvements to four homes as follows: 1) to re-side and re-paint, matching the existing color, the exterior and to replace two windows, in the same style, to a house on Elizabeth Lane; 2) to replace and paint to match the existing color the rear, patio door of a house on Buffalo Trace; 3) to construct a screened porch and stone patio, both in the same materials as are existing at the residence; on Burbank Road; 4) to replace the siding and roof in colors to better complement the home's brick on Chippendale Court. In addition, two residents presented conceptual plans for initial discussion for changes to their homes. Requests to remove trees were approved at three homes one each on: Elizabeth Lane, Batailles Court, and Kenwyn Court.

The ACC can be contacted by e-mail sent to acc@trurohomes.org or by mail deposited at the Clubhouse mailbox. Applications should be submitted no later than the Friday before the monthly meeting for consideration at that month's meeting. Requests for Tree Removal can be made by contacting Ralph Kennedy at ACCTreeApproval@trurohomes.org or 703-978-1177. The Committee meets on the 2nd Tuesday of each month at 8:00pm in the Clubhouse. Interested Community residents are welcome to attend these meetings.

Exterior Siding

The ACC is receiving more requests for re-siding homes in our community, particularly in the mid-century modern areas. The need to re-side your home can be attributed to the age of our homes – we are approaching 50! Unlike the period when our homes were constructed, there are more options to consider in addition to the traditional wood siding. Among the newer options that retain the existing wood appearance are: fiber cement board siding and engineered wood, a combination of wood fiber, resin and wax. These materials come in a variety of styles and colors – though your choice should be consistent with the existing siding on your home. They generally offer reliability, longevity and resistance to moisture and pests. Further, owners of colonial homes may also be considering replacing their vinyl siding. Vinyl siding comes in a variety of styles, colors and choices – again, the selected siding should be consistent

with the existing colors of your home. Before making any decision, you should, of course, research available options and choose the one that is best for you.



Protect Your Tree Investment

Do Not Allow Spiking when Trimming Your Trees

By Gloria Bartholomew-Nelson

I am constantly struck by the number of people in Truro who are not aware of the dangers of allowing tree trimmers to spike-climb their trees during trimmings. Spiking trees makes small holes and scars in the trees that last forever. These small lesions in the tree trunks allow insects and other disease causing agents to enter the trunk's protective layer and damages the living layer below. This then allows the creation of infections in the tree that sooner or later will require costly additional tree work. Read more about the dangers of allowing your trees to be spiked by tree trimmers:

<http://lukenstree.com/trees/does-spiking-hurt-my-trees/>
<http://myemail.constantcontact.com/For-Immediate-Release--Don-t-Use-Climbing-Spikes-When-Pruning-Trees.html?soid=1109594220206&aid=8KThy-SthTY>



It is not a problem for a climber to spike-climb a tree that is being totally cut down but trees that are only being thinned, trimmed or having dead branches removed should

be rope-climbed and not spike-climbed for the work to be done. Qualified tree specialists know how to do this and will use rope-climbing as their standard of practice when trimming trees.

If a “tree specialist” tells you that spiking does not hurt your trees, you know that they are not really a specialist and you need to put them on your “Do Not Hire List!” Don’t assume that a tree company will not spike your trees. You will need to test or check out the companies you hire to make sure that they do not spike-climb the trees they are trimming. First wait to see if they tell you that they do not spike-climb the trees they are trimming and will be using rope-climbing. Check their written proposal to see if they have indicated that “rope-climbers” are included. If they do not say that they do not spike-climb trees being trimmed you will need to ask. If they hesitate, tell you that spiking does not hurt

the trees, or say that rope-climbing will cost more—you know that they are not the right company to use, regardless of their quoted price. Saving a little now will cost you many times more when your trees fail to thrive and you have to have the diseased trees removed or your trees fall and damage property because they have been weakened.

Be sure that your written contract specifies the services the company will provide and says that they will be using rope-climbing for the trees that are trimmed. When the crew comes to do the work, watch and check to make sure that they are not spike-climbing the trees that are only being trimmed. Really watch the work being done and check how they are climbing your valuable trees. Because spike-climbing a tree is a lot easier than rope climbing for the guy doing the work, they often “cheat” and do not follow-through on what the “boss” or estimator has told you. Most, if not all, of the door-to-door tree trimming guys will be spike-climbing your trees so be sure you go with a reputable company that has insurance and follows the guidelines of the Tree Care Industry Association.

Within Truro, the ACC can provide assistance with general tree questions. The contact is acctreeapproval@trurohomes.org.



TRURO FALL JUNIOR TENNIS w/RJ Tennis

Monday Afternoons

September 14th through October 14th - 5 weeks

4:15 to 5:15 PM - 13 & older	Cost: \$88
5:15 to 6:15 PM - 9 to 12 year olds	Cost: \$88
6:15 to 7:15 PM - 6-8 year olds	Cost: \$88

Wednesday Afternoons

September 16th through October 16th - 5 weeks

4:15 to 5:15 PM - 13 & older	Cost: \$88
5:15 to 6:15 PM - 9 to 12 year olds	Cost: \$88
6:15 to 7:15 PM - 6-8 year olds	Cost: \$88

Register TODAY by contacting:

Brooke Hargrove
RJ Tennis Junior Program Director
Bhargrove@cox.net

This-N-That



Registration is now open for Turnpike Basketball Club

Turnpike Basketball Club is a youth-based organization that has been a part of our local communities for nearly 50 years. The club primarily serves the communities that are part of the W.T. Woodson "pyramid", providing boys and girls, grades 1st through 12th grade the opportunity to develop basketball skills, good sportsmanship and an appreciation for the game of basketball.

If your child is interested in a fun and competitive basketball experience this winter, Turnpike Basketball is the place to be. Please visit our website at www.TurnpikeBasketball.org to read more about our program and to register your children for the upcoming season. There is an early registration discount available for registrations prior to October 3 and we also offer discounts for multiple children from the same household. For more information about Turnpike Basketball, please contact Kevin Brandt (turnpike.basketball@gmail.com)



Classified

FOR SALE

- **SPAULDING BASKETBALL HOOP:** Spaulding 4-6 foot portable basketball system, good used condition, may be an issue with the connecting part where the rim meets the backboard, but in general is in good condition, \$10, contact Alison Wright at wrightfam22003@verizon.net or 703- 425-3787. Sorry, cannot deliver.



- **NINTENDO DSi XL:** Midnight Blue DSi XL, includes Golden Eye 007 game. \$50. Contact Michelle at mwsmile20@yahoo.com or 703-503-7952.

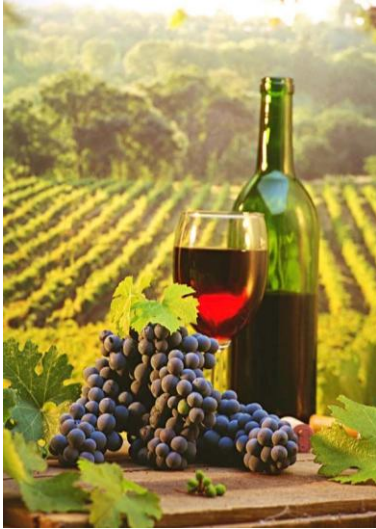


- **FOREVER STAMPS:** Now cost 49 cents at the Post Office. For sale at 47 cents each. Call Bill Ulman at 703-323-6496.

AT YOUR SERVICE

- **VOICE LESSONS:** Professionally trained vocalist and certified music teacher currently has a few openings in Annandale studio. Learn how to support your sound, expand your range and develop healthy vocal techniques. Specialization in musical styles such as opera, jazz, folk, rock and musical theater. Lessons are available for students age nine through adults. Please contact Lisa.hershaft@gmail.com or 703-263-0909 with any questions you might have.
- **SITTER – KIDS/PETS:** My name is Larissa Anderson and I would like to babysit and/or pet sit for you. I'm 13 years old and in the 8th Grade at Frost Middle School. I am available in the afternoons/evenings and on the weekends when I am not playing soccer. Please call at (703) 503-0398 or email at randalanderson3@hotmail.com. Thank you.
- **MATH TUTOR:** Experienced mathematics tutor available. This Truro resident has 36 years of high school teaching experience at all levels of mathematics through calculus. Reasonable rates. Telephone 703.272.7989.
- **HOUSE CLEANING:** Experienced, honest, reliable Truro resident. References available. Call Giovanna for free estimate 571-236-0855.
- **PERSONAL ORGANIZER:** Let me organize and de-clutter your personal space in your home. Have extensive experience and offer affordable rates. Truro resident. Please call 703-978-4655.
- **RACQUET STRINGING / RE-GRIPPING / BUMPER REPLACEMENT:** Are your racquets ready for summer? Are your strings dead or fraying? Is your bumper scraped off from all that banging against the ground? Take care of your tennis and racquetball racquets right here in Truro. Call Michelle Lucas at 703-503-7952, or mwsmile20@yahoo.com.





*Truro Social Committee
introduces our first*

*“Truro Wine Tour”
Saturday, October 17th*

Adults only

Join your neighbors and friends for a wine tour! Pack a picnic or purchase food at the wineries. Leave the driving to us!

WHERE: Tastings at Pearmund Cellars in Broad Run, VA
& Barrel Oak Winery in Delaplane, VA

WHEN: Saturday, October 17th - Shuttle bus departs the Truro Clubhouse at 10am and is expected to return around 3pm

COST: \$50/person - includes transportation
and tasting fees at two wineries

QUESTIONS? Call Alicia Lefkowitz 703-430-3058
Attendance is limited to 30, so reserve early.
Payment due by September 26th.

Send payment to: Alicia Lefkowitz, 8917 Littleton Street, Fairfax VA 22032
and make check payable to **Truro Homes Association**

Name: _____

Phone #: _____ **Number of Attendees:** _____

TRURO YOGA Fall/Winter 2015

Monday evenings in the clubhouse, 7 - 8:15pm (new times)
September 14 - December 14 (14 weeks!)

*****\$100 for the entire session, OR \$15 drop-in rate per class*****

Try it out for free (only for NEW participants)



Yoga helps balance your body and calm your mind. Classes will consist of breathwork, postures and relaxation techniques. Classes are open to adults of all levels and experience.

******MUST BE AT LEAST 18 YEARS OLD******

****OPEN TO THA/TCC MEMBERS AND GUESTS****

Corinne Krill (RYT, CTSY & Reiki Practitioner) teaches adults and children of all levels and abilities. Her warm and nurturing style encourages students to experience the power of their breath and body to connect to the power of the present moment. Corinne currently teaches yoga to groups and individuals in the Annandale and Fairfax, VA area.

For more information - and to get a required registration form - please contact
Karen Wallace at kandray@wallace3.com